

## Let kids be kids! Part 2

Part one explained that kids want love expressed through the avenue of quality time. But where do busy parents find such time?

**First**, one family used meal times. When they were all together in one place, a jar was placed on the table with questions inside, such as, “What is your favourite TV programme, and why?” “If we went for a drive, where would you like to go, and why?” “What are three things you can be grateful for today?” And so on. At least one question was drawn from the jar each evening with even the youngest child offering comment.

**Second**, parents in another family had to work long hours. This included weekends as well. But to ensure that this did not eliminate family time, these parents put their children (and their spouses) in their diaries. Business appointments were not permitted to crowd out important family time.

**Third**, parents can inspire their children to keep *gratitude* diaries, recording things in their lives they can daily thank God for. And imagine the impact if they also wrote and posted letters of gratitude to their grandparents or Sunday School teachers, or their favourite primary school teacher.

Let's inspire our youngsters and see what happens!

\*

\*

\*

**Family joy can be found in simple pleasures.**

**Ken Packer**