

## **How they survived!**

Once again I enjoyed our extended family's annual pilgrimage to Second Valley, a summer holiday tradition that we all treasure.

As a 92 year old I am privileged to have quality time with eight grandchildren and twelve great grandchildren at the beach and caravan park.

For these children – for a whole week – computers, mobile phones and ipads did not factor at all. They were too busy learning new skills, having fun, playing games, taking new risks, and conversing with other family members whom they may not see regularly.

So, with all their busyness during this holiday, the current generation's obsession with devices was not evident.

Do you limit screen time at your place so that children and adolescents grow into well-rounded people? Do you ensure that their brains are not bothered with gaining affirmation through social media? Do you guard them against inappropriate material on the internet, or playing digital games non-stop, or feeling that their life is meaningless without a device in their hands?

As a parent are you brave enough to set limits on screen time? Do you know all the sites your children are accessing? Do you make sure their screen time happens in a public place.

### **GOOD NEWS IN BRIEF**

Ours is a God-blessed family. We pray that yours is too.

**Ken Packer**