

## **Got the Miseries?**

Perhaps we feel that nothing we do will ever amount to anything; or we are in difficult circumstances, or under pressure.

This in turn makes us miserable and unhappy, drains our energy, and leaves us tired and exhausted.

Well, while we may not like our life situation, the fact is that happiness and joy depend not on what's going on around us, but on what's going on within us!

Yes, our outlook makes a big difference!

First, if I'm not sure where I am going, or what I am doing with my life, this could well make me feel blue.

To give my life purpose, I need a worthy goal.

But, second, just having a goal is - on its own - not enough.

A goal can be downright discouraging if it is only a dream and nothing more.

I need a practical plan for reaching my objective.

So what am I doing - on a daily basis - to achieve my dream?

Third, am I prepared for my life's goal to be something that is God-honouring?

Being in tune with God is, in itself, a joyous experience.

When His positive influence impacts upon us, He gives our life direction, prompts us to set realistic goals, and helps us fulfil them.

### **GOOD NEWS IN BRIEF**

Praying this prayer will change your life:

"Teach me to do your will, for you are my God;; may your good Spirit lead me"  
Psalm 143.10 (NIV)

**Ken Packer**

